

1 – Training Camp Booking Form

Applicable rates from September 1st, 2026

YOUR TRAINING CAMP

1- CONTACT DETAILS *

Surname :

Email :

First Name :

Phone Number :

2- NATURE OF TRAINING CAMP *

☐ Sports training camp

☐ Education

☐ Other :

3- SPORT *

Sport practiced :

Level of practice : International ☐ National ☐ Regional ☐ County ☐

4- TRAINING CAMP OBJECTIVE* :

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5- DATES

Arrival* :

Departure* :

Arrival hour* :

Departure hour* :

6- TRAINING CAMP MEMBERS *

Total :

Athletes :
Women Men

Staff :
Women Men

Adults :
Children :

BILLING*

SURNAME First Name:

Address :

Zip Code : City :

Country :

Mail for sending the invoice :

BILLING ADDRESS (If different from the applicant)

NAME/ Company name :

Address :

Zip Code : City :

Country :

Quality : ☐ Administration* ☐ Association* ☐ Company ☐ Individual client

* Administration and association clients: you must attach a purchase order to your contract

Mail for sending the invoice :

Mail of financial service or accounting service :

YOUR ACCOMODATION



CLASSIC FORMULA

Full board + Sports facilities (**Except swimming pool and ice rink**) + access to medical service / and 360° performance service (*According to sport profile*)

	Number of rooms	
• Single Room : 1 Single Bed		68€/person/night
• Twin Room : 2 Separate Single Beds		68€/person/night
• Double Room (1person) : 1 Large Bed (1 person)		80€/person/night
• Double Room (2people) : 1 Large Bed (2 people)		68€/person/night
• Disabled Room : 1 Single Bed		68€/person/night



AQUATIC FORMULA (Swimming/Triathlon/Pentathlon)

Full board + Sports facilities (Swimming pool included** and except ice rink) + access to medical service / and 360° performance service (*According to sport profile*)

	Number of rooms	
• Single Room : 1 Single Bed		71€/person/night
• Twin Room : 2 Separate Single Beds		71€/person/night
• Double Room (1person) : 1 Large Bed (1 person)		83€/person/night
• Double Room (2people) : 1 Large Bed (2 people)		71€/person/night
• Disabled Room : 1 Single Bed		71€/person/night



**Swimming pool (50m & 25m pool). Access to the swimming pool is limited to 2 sessions of 2h per day.

The allocation of pools, time slots, lanes will be established by the booking service and based on requests considering the sports practice level.

➔ Priority will be given to National French Teams.

HYPOXIA FORMULA

Full board + Sports facilities + access to medical service / and 360° performance service (According to sport profile)

- Hypoxia Single Room
- Hypoxia Double Room

Number
of rooms

110€/person/night

120€/person/night



Priority will be given to National French Team & high-level French athletes and validated by the performance service

CLASSROOM FORMULA

Full board + Access to classroom

- Single Room : 1 Single Bed

Number
of rooms

62€/person/night



This formula does not give access to sports facilities

ICE SPORT FORMULA

Full board + Sports facilities (Ice Rink accessible** and except swimming pool) + access to medical service / and 360° performance service (According to sport profile)



** Ice rink : 130€ Ice rink hour

- Single Room : 1 Single Bed
- Twin Room : 2 Separate Single Beds
- Double Room (1person) : 1 Large Bed (1 person)
- Double Room (2people) : 1 Large Bed (2 people)
- Disabled Room : 1 Single Bed

Number
of rooms

68€/person/night

68€/person/night

80€/person/night

68€/person/night

68€/person/night

YOUR SPORTS FACILITIES

SPORTS AREAS

- | | |
|---|---|
| ☐ Gymnasium | ☐ Swimming Pool |
| ☐ Wrestling room | ☐ Athletic track |
| ☐ Gym room | ☐ Roller track |
| ☐ Cardio room | ☐ Rugby pitch |
| ☐ Weightlifting room | ☐ Football pitch |
| ☐ Climbing room | ☐ Ice rink |
| ☐ Fencing room | |
| ☐ Recovery room (Cold bath / Sauna / Hammam) | |

SPECIFICS AREAS

- ☐ Meeting room / Classroom (20 people max)
- ☐ Physiotherapy room
- ☐ Conference room (150 people max / paying)
- ☐ Bike room / Bike storage

Please send us your program so that we can best organize your training camp and the different spaces desired to : reservation@cnea-fontromeu.fr

YOUR PERFORMANCE SUPPORT / 360° Performance Service

We propose to CNEA athletes access to services related to support and performance optimization. These services are focused on physical preparation, medical care and personalized follow-ups. All services are subject to approval based on the athlete's profile and validation by the relevant department.

Description	Price	Choice
Training		
Training in specific conditions : Hypoxia / Heat / Humidity	80 €	
Alter G session (1 hour)	65€	
Training Test:		
• Level 1 : Force platform / Force-velocity profile / Optojump	25€	
• Level 2 : Metabolic test / GMC Test	65€	
HBMass Test	150€	
Monitoring (SpO2 / Hydration)	10€/day	
Medical		
• Recovery massage (30min)	25€	
• Osteopathy	60€	

To know more : <https://cnea-fontromeu.fr/performance/> or contact : Gregory.doucende@cnea-fontromeu.fr

ADDITIONAL INFORMATION

TRAINING CAMP CONDITIONS

The minimum requirement for a training camp application to be valid is a training camp of at **least three nights**.

Applicants for an individual training camp must be of **legal age**.

Any minor athlete must be accompanied by an adult coach or supervisor, but the minimum age to visit the center is 16.

Check-in from 3 pm

Check-out until 9 am

ARRIVAL

The CNEA reception is open every day from 9 am to 12 pm and to 2 pm to 5 pm.

Arrival outside these hours is possible. Check-in instructions will be provided to you later.

FULL BOARD

The full board include 3 meals since the first taking in the center.

For example, if you start with dinner on the day of your arrival, then your full board will end with lunch on the day of your departure.

Any additional meal to the 3 meals included in the full board will be charged 12€/person/meal

BEDDING

Sheets and bath towels are included in all packages.

Please send this training camp booking request to the following email address:
reservation@cnea-fontromeu.fr