

C A C A

Centre National d'Entraînement en Altitude de Font-Romeu

CONTACT SHEET

RESERVATION DATES

Day of Arrival : Day of Departure :

CLUB / ORGANISATION / FEDERATION

Name : Adress (Street, Postal Code, City / Town) : Email adress : Phone number : Fax :

SPORT

Sport Level

International

National

Regional

AIM / OBJECTIVE OF THE STAGE

ACCOMODATION AT THE CNEA

We have 125 rooms here at our disposal. (Including 7 hypoxic rooms and 11 beds) The dimensions of the beds are either: *Width 90cm - Length 200cm to 230cm Width 140cm - Length 190cm to 210cm* Thank you for specifying the possible number of large sizes so that we can allocate them as much as possible, the largest beds :

Formule «Standard»

Full board (3 meals a day) + Sport Facilities + access to our medical center and recovery place and + access to our 360° Program.

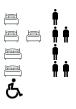
Single Room : Room with a Single Bed - $61 \notin$ /pers **Twin Room** : Room with two Single Beds - $61 \notin$ /pers **Double Room** : Room with a Double Bed (1 pers) - 73 \notin **Double Room** : Room with a Double Bed (2 pers) - $61 \notin$ /pers **Accessible Rooms** (for people with disabilities) - $61 \notin$ /pers

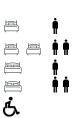
« Swimming » - « Triathlon » - « Pentathlon » Formula

Full board (3 meals a day) + Sport Facilities + access to our medical center and recovery place and + access to our 360° Program.

Single Room : Room with a Single Bed - 64 €/pers Twin Room : Room with two Single Beds - 64 €/pers Double Room : Room with a Double Bed (1 pers) - 76 € Double Room : Room with a Double Bed (2 pers) - 64 €/pers Accessible Rooms (for people with disabilities) - 64 €/pers

Swimming Pools (25m and 50m): Access to the pools is limited to 2 sessions of 2 hours per day. Access as well as lanes distribution will be granted based on the level of each sports team. Priority will be given to the French Teams.





« Team sports » Formula

Full board (3 meals a day) + Sport Facilities + access to our medical center and recovery place and + access to our 360° Program + allocation of specific spaces + grams + snack. 73€ (All Rooms)

« Hypoxic » Formula

Full board (3 meals a day) + Sport Facilities + access to our medical center and recovery place and + access to our 360° Program. 90€ per person These prices are subject to change depending on previous agreements

SPORTS EQUIPMENT / INSTALLATIONS

Please let us know what specific sports equipment you will require during your stay here at the CNEA, as well as the times you will need them :

If possible send us your training programme so that we can make sure the sports equipment is available during your stay at: reservation@cnea-fontromeu.fr

Icerink: + 130€ per hour

SPECIFIC ROOMS

Please let us know if you need any of the following spaces during your stage

Conference Room (200 people)

Classroom (19 personnes)

Medical Room (3x15 m2) reserved for team sports

Bike Room

DAY TO DAY SERVICES

WASHROOM

The CNEA has 2 washing machines and 2 dryers (3 \in) at your disposal. We also have a partnership with an external laundry service (washing + drying + ironing) for around 3,50 \in /Kg.

SPORTS EQUIPMENT RENTAL (DAILY RATE)

Snowshoes: 4 € Nordic Ski / Ski Skating: 7 €

TRANSPORT

If need us to contact transport companies on your behalf for your arrival / departure at the CNEA please tick here

Thank you this information, we will assess your file based on our availabilities ReceptionandReservation:reservation@cnea-fontromeu.fr Contact:0468308661

